

ARARNG SOLDIER RESOURCE LIST

| | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|
| 1. CRISIS HOTLINE: 988 | |
| 2. MENTAL HEALTH SERVICES: Jannie Cole, LPC 501-212-6382; Wanda Collins, LPC 501-212-7086 | |
| 3. DIRECTOR OF PSYCHOLOGICAL HEALTH: MAJ Tillman 501-212-5263 | |
| 4. RAPE/SEXUAL ASSAULT: Jessica Hamilton , Sexual Assault Response Coordinator 501-454-2452 | |
| 5. DOMESTIC VIOLENCE HOTLINE: National Domestic Violence Hotline 800-799-7233/Chat: thehotline.org | |
| 6. SEXUAL ABUSE HOTLINE: RAINN (Rape, Abuse, & Incest National Network) 800-656-4673 or SARC at 501-212-4225 | |
| 7. CHILD ABUSE HOTLINE: National Child Abuse Hotline: 800-422-4453 | |
| 8. POLICE AND EMERGENCY SERVICES: 911 | |
| 9. PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911 | |
| 10. MENTAL HEALTH OUTREACH CLINIC: OGC (NWA) 479-750-2020, WACAG (Fort Smith) 479-452-6650, Centers for Youth and Families (Central AR): 501-666-8686 | |
| 11. EMERGENCY SHELTERS: The Salvation Army of NWA: 479-521-2151, Little Rock Shelter: 501-374-9296 | |
| 12. YOUTH SHELTER: The Youth Bridge (NWA): 479-750-5201, Youth Emergency Shelter (Central AR):501-666-7233 | |
| 13. RELIGIOUS/SPIRITUAL SUPPORT: CJTR Chapel 501-212-5625 | |
| 14. CHILDREN/YOUTH PSYCHIATRIC CLINIC: for referrals contact Jannie Cole or Wanda Collins | |
| 15. PRIVATE PRACTITIONERS: Therapists.psychologytoday.com; or contact Jannie Cole or Wanda Collins | |
| 16. MEDICAL CLINIC / GENERAL PRACTITIONER: The Community Clinic 1-855-438-2280, CJTR TMC 501-212-5628 | |
| 17. STD INFORMATION AND TESTING SITES: TMC 501-212-5628, or local health department | |
| 18. CHILDREN'S SERVICES OFFICES: Department of Human Services 479-474-4595 | |
| 19. STUDENT SERVICES: School specific-- Contact local Soldier and Family Readiness Specialist | |
| 20. CHILD CARE REFERRALS: Contact local Soldier and Family Readiness Specialist | |
| 21. PARENT TRAINING: Contact local Soldier and Family Readiness Specialist (monthly class held at LRAFB) | |
| 22. FAMILY SUPPORT SERVICES: Soldier and Family Readiness Manager, Katina Dimitro 501-212-4019 | |
| 23. SELF HELP GROUPS: groups.psychologytoday.com | |
| 24. SUBSTANCE ABUSE COUNSELING: findtreatment.samhsa.gov/ or ASAP Coordinator 501-212-4017 | |
| 25. ALCOHOLICS ANONYMOUS: Alcoholics Anonymous of Arkansas arkansascentraloffice.org/meetings/ | |
| 26. NATIONAL GUARD FINANCIAL COUNSELOR: Jim Garrett, CFP 479-353-4998 | |
| 27. Employer Support of the Guard and Reserve (ESGR): 800-336-4590 | |
| 28. LEGAL ASSISTANCE/VICTIM, WITNESS ASSISTANCE: JAG 501-212-5033 | |
| CJTR Operator 501-212-5100 | NWA Soldier & Family Readiness (SFR)501-212-6458 |
| Barling SFR: 501-212-3949 | Jonesboro SFR: 501-212-7080 |
| Batesville SFR: 501-212-7253 | White Hall SFR: 501-212-7526 |
| Conway SFR: 501-212-7915 | El Dorado SFR: 501-212-7486 |
| Benton SFR: 501-212-7611 | Mena SFR: 501-212-7865 |
| Russellville SFR: 501-212-7325 | Other: Bentonville DEERS office: 501-212-7421 |