

ARARNG SOLDIER RESOURCE LIST

1. CRISIS HOTLINE: 1-800-273-TALK (National Suicide Prevention Lifeline), 741-741 text line	
2. MENTAL HEALTH SERVICES: Jannie Cole, MS, LPC 501-212-6382; Jayla Robinson, MA, LPC 501-212-5441	
3. DIRECTOR OF PSYCHOLOGICAL HEALTH: CPT Tillman 501-212-5263	
4. RAPE/SEXUAL ASSAULT: Jessica Hamilton , Sexual Assault Response Coordinator 501-212-4225	
5. DOMESTIC VIOLENCE HOTLINE: National Domestic Violence Hotline 800-799-7233/Chat: thehotline.org	
6. SEXUAL ABUSE HOTLINE: RAINN (Rape, Abuse, & Incest National Network) 800-656-4673 or SARC at 501-212-4225	
7. CHILD ABUSE HOTLINE: National Child Abuse Hotline: 800-422-4453	
8. POLICE AND EMERGENCY SERVICES: 911	
9. PARAMEDIC EMERGENCY MEDICAL SERVICES UNIT: 911	
10. MENTAL HEALTH OUTREACH CLINIC: OGC (NWA) 479-750-2020, WACAG (Fort Smith) 479-452-6650, CMHC (Little Rock) 501-686-9300	
11. EMERGENCY SHELTERS: The Salvation Army of NWA 479-521-2151	
12. YOUTH SHELTER: The Youth Bridge 479-750-5201	
13. RELIGIOUS/SPIRITUAL SUPPORT: CJTR Chapel 501-212-5625	
14. CHILDREN/YOUTH PSYCHIATRIC CLINIC: for referrals contact Jannie Cole or Jayla Robinson	
15. PRIVATE PRACTITIONERS: Therapists.psychologytoday.com ; or contact Jannie Cole or Jayla Robinson	
16. MEDICAL CLINIC / GENERAL PRACTITIONER: The Community Clinic 1-855-438-2280, CJTR TMC 501-212-5628	
17. STD INFORMATION AND TESTING SITES: TMC 501-212-5628, or local health department	
18. CHILDREN'S SERVICES OFFICES: Department of Human Services 479-474-4595	
19. STUDENT SERVICES: School specific-- Contact local Soldier and Family Readiness Specialist	
20. CHILD CARE REFERRALS: Contact local Soldier and Family Readiness Specialist	
21. PARENT TRAINING: Contact local Soldier and Family Readiness Specialist	
22. FAMILY SUPPORT SERVICES: Soldier and Family Readiness Manager, Katina Dimitro 501-212-4019	
23. SELF HELP GROUPS: groups.psychologytoday.com	
24. SUBSTANCE ABUSE COUNSELING: findtreatment.samhsa.gov/ or ASAP Coordinator 501-212-4017	
25. ALCOHOLICS ANONYMOUS: Alcoholics Anonymous of Arkansas arkansascentraloffice.org/meetings/	
26. NATIONAL GUARD FINANCIAL COUNSELOR: Jim Garrett, CFP 479-353-4998	
27. Employer Support of the Guard and Reserve (ESGR): 800-336-4590	
28. LEGAL ASSISTANCE/VICTIM, WITNESS ASSISTANCE: JAG 501-212-5040	
CJTR Operator 501-212-5100	NWA Soldier & Family Readiness (SFR)501-212-6458
Barling SFR: 501-212-3949	Jonesboro SFR: 501-212-7080
Batesville SFR: 501-212-7253	White Hall SFR: 501-212-7526
Conway SFR: 501-212-7915	El Dorado SFR: 501-212-7486
Benton SFR: 501-212-7611	Mena SFR: 501-212-7865
Russellville SFR: 501-212-7325	Other: Bentonville DEERS office: 501-212-7421