Volume FY20, Issue 3
SEPTEMBER



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Important Emergency Management Numbers

EMERGENCY FIRE-POLICE-AMBULANCE

RMTC: (501)-212-5280 Quick EXT (5280)
CMTC: (479)-484-2666 Quick EXT (2911)
WHEN ON AN INSTALLATION SUCH AS CHAFFEE OR ROBINSON

CONTACT THE POST EMERGENCY DISPATCH CENTER FIRST AS 911 RESPONSE MAY BE DELAYED DUE TO PHYSICAL SECURITY MEASURES.

Inside this edition:

- September temperatures
- Coronavirus COVID-19.
- September is National Preparedness Month.
- · Get Ready for the Great Shake Out.
- Emergency plan: Financial preparedness
- EMERGENCY SAFETY KIT
- OPSEC

Power outages in your area may mean traffic lights and other resources will not be working. You should consider how these circumstances will affect your Family and be prepared to manage without power for an extended period of time. Some emergencies commonly produce secondary effects. Learning about all hazards will prepare your for secondary hazards effects from events like power outage and flooding. Flooding is the most common natural disaster and can occur anywhere. Flooding can be localized in a particular neighbor hood or widespread, affecting entire cities or large portions of the state.

ARKANSAS WEATHER

Average September temperatures across Arkansas.

Eastern Arkansas Average September temperatures				
High °F	Low °F	Place	High °C	Low °C
83	63	Blytheville	28	17
89	64	Eudora	32	18
88	61	Helena	31	16
83	60	Jonesboro	29	15
85	63	Marianna	29	17
84	63	West Memphis	29	17
Southern Arka	nsas daily	temperatures in S	eptember	
High °F	Low °F	Place	High °C	Low °C
87	63	El Dorado	30	17
86	62	Magnolia	30	17
87	64	Monticello	30	18
86	64	Pine Bluff	30	18
86	63	Texarkana	30	17
Central Arkans	as Septen	nber temperatures:	daily avera	ges
High °F	Low °F	Place	High °C	Low °C
86	62	Benton	30	17
86	61	Blue Mountain	30	16
85	62	Fort Smith	30	17
86	63	Hot Springs	30	17
84	58	Lake Ouachita	29	14
86	65	Little Rock	30	18
83	59	Mena	28	15
84	65	North Little Rock	29	18
85	60	Searcy	30	16
Northern Arkar	nsas Septe	ember temperature	S	1
High °F	Low °F	Place	High °C	Low °C
82	57	Bentonville	28	14

Eureka Springs

Fayetteville

Greers Ferry

Harrison

Mountain Home

Mountain View

References

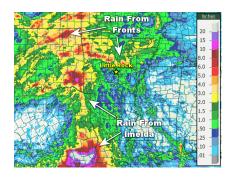
Currentresults.com

Weather and science facts

Looking back to 2019

National Weather Service <u>NWS Little</u> <u>Rock, AR -</u>





COVID-19 ARKANSAS

For the latest COVID-19 information go to The Arkansas Department of Health Website at https://www.healthy.arkansas.gov/programs-services/topics/novel-coronavirus#COVIDguidances

You can also find useful guides such as how to make your own masks.

COVID-19 Fabric Mask Pattern with three layers

If you plan on traveling check out the Centers for Disease Control and Prevention at https://wwwnc.cdc.gov/travel/notices/

To protect yourself and others, the ADH recommends:

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer when soap and water are not available.
- Practice physical distancing. Avoid close contact with others, especially those who are sick, by keeping at least 6 feet between you and others.

If you think you have been exposed to COVID-19 or develop a fever, cough, or shortness of breath, seek testing. Testing is available in many locations, including ADH Local Health Units.

Wear a face covering when you are exposed to non-household members and physical distancing cannot be assured. Click here to read the requirements.



COVID-19 Update

September 7, 2020



STATEWIDE NUMBERS

TOTAL CASES: 65,727 TESTS THIS MONTH: 43,867

ACTIVE CASES: 6,062 TESTS YESTERDAY: 6,057

RECOVERIES: 58,757 TOTAL DEATHS: 908

101/12 000

TODAY:

CASES ADDED

CORRECTIONAL: 8COMMUNITY: 342

DEATHS ADDED TODAY:

14

HOSPITAL DATA

Most recent statewide data available.

Hospitalized: 399

-Change from 9/6: +10

On ventilators: 74

-Change from 9/6: -4

Ever hospitalized: 4,486

Ever on ventilator: 571

AGE STATISTICS

Data reflects cumulative positive cases through today.

0-17: 12.6%

18-24: 14.8%

25-44: 34.6%

45-64: 25.9%

65+: 12.1%

 All data are provisional and subject to change. Testing data reflects result date.

healthy.arkansas.gov



Disasters Don't Wait. Make Your Plan Today

National Preparedness Month 2020



Week 1: September 01-05 **MAKE A PLAN**



Week 2: September 06-12 **BUILD A KIT**



Week 3: September 13-19 PREPARE FOR DISASTERS



Week 4: September 20-26 TEACH YOUTH ABOUT PREPAREDNESS

Arkansas National Guard Emergency Management Program









https://www.ready.gov/

https://ready.army.mil/ https://www.beready.af.mil/ https://arkansas.nationalguard.mil/

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Disasters Don't Wait. Make Your Plan Today



National Preparedness Month 2020



Week 1: September 01-05 MAKE A PLAN

Talk to your friends and family about how you will communicate during, and after a disaster. Make sure to update your plan based on the Centers for Disease Control recommendations due to the coronavirus

- Step 1: Put a plan together by discussing the questions below with your family, friends or household to start your emergency
 - How will I receive emergency allerts and warnings?
 - What is my shelter plan?
 - What is my evacuation route?
 - What is my family/household communication plan?
 - Do I need to update my emergency preparedness kit/ plans due to Coronavirus
- Step 2: Consider specific needs in your household.
- ☑ Step 3: Fill out a Family Emergency Plan
- ☑ Step 4: Practice your plan with your family/household

Arkansas National Guard Emergency Management Program









https://www.ready.gov/ https://ready.army.mil/ https://www.beready.af.mil/ https://arkansas.nationalguard.mil/



Disasters Don't Wait. Make Your Plan Today

FEMA Ready National Preparedness Month 2020

Week 2: September 06-12 **BUILD A KIT**

Gather supplies that will last for several days after a disaster for e living in your home. Don't forget to consider the unique needs each person or pet may have in case you have to evacuate quickly. Update your kits and supplies based on recommendations by the Centers for Disease Control.

- ☑ Basic Disaster Supplies and Additional Emergency Supply checklists are available on the Preparedness websites below.
- ☑ Maintain Your Kit (Store boxed food in cool, dry place in tightly closed plastic or metal containers. Replace expired items as needed.)
- ☑ Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and cars
- ☑ Since Spring of 2020, CDC recommends including items such as extra Cloth face coverings (for everyone ages 2 and above), soap, hand sanitizer, disinfecting wipes to disinfect surfaces.

Arkansas National Guard Emergency Management Program









https://www.ready.gov/

https://ready.army.mil/ https://www.beready.af.mil/ https://arkansas.nationalguard.mil/



Disasters Don't Wait. Make Your Plan Today



FEMA Ready National Preparedness Month 2020



Week 3: September 13-19 PREPARE FOR DISASTERS

Limit the impacts that disasters have on you and your family. Know the risk of disasters in your area and check your insurance coverage. Learn how to make your home stronger in the face of storms and other common hazards and act fast if you receive a local warning or alert.

- ☑ Know what disasters and hazards could affect your area, how to get emergency alerts, and where you would go if you and your family need to evacuate.
- ☑ Check you local County or City Office of Emergency Management website for specific threats in your area.
- ☑ Hurricanes are dangerous and can cause major damage because of storm surge, wind damage, and flooding. Storm surge is historically the leading cause of hurricane-related deaths in the United States.

Arkansas National Guard Emergency Management Program











Disasters Don't Wait. Make Your Plan Today

National Preparedness Month 2020



Talk to your kids about preparing for emergencies and what to do in case you are separated. Reassure them by providing information about how they can get involved. ready.gov/kids

- Children are positive influencers: Children can effectively bring the message of preparedness home to their families.
- Children can become leaders: Participating in youth preparedness programs empowers children to become leaders at home and in their schools and communities
- Children can be confident during an emergency: Children who are prepared experience less anxiety and feel more confident during actual emergencies and disasters.
- Help Children Cope: Encourage dialogue and answer questions; Limit media exposure; Make time for them and find support; Keep to a routine

Arkansas National Guard Emergency Management Program









https://www.ready.gov/

https://ready.army.mil/ https://www.beready.af.mil/ https://arkansas.nationalgu

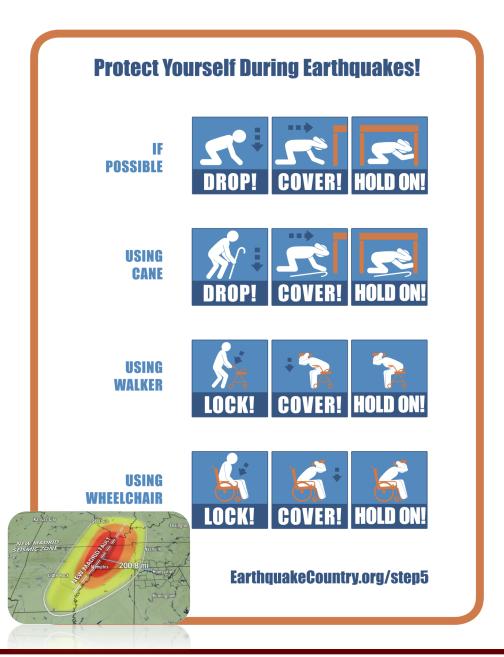
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The Great Central U.S. ShakeOut



International ShakeOut Day is always the third Thursday of October (this year: October 15). While COVID-19 has brought many uncertainties and challenges, one thing's for sure: ShakeOut is still happening this year!

For Information, and to learn how you can participate go to https://www.shakeout.org/centralus/



EMERGENCY PLAN: FINANCIAL PREPAREDNESS

Financial Preparedness

Save for a rainy day, you never know when

it may pour. Here's how:

https://www.ready.gov/financial-preparedness

Emergencies will happen, but your savings can be your fall back plan. Start saving today!



Create a budget that includes putting money into an emergency fund every month. https://www.ready.gov/financial-preparedness

Pay yourself first! Before you spend, put a little bit of it in your savings account. https://www.ready.gov/financial-preparedness

56% of adults can cover a \$400 emergency. Be part of the growing number who are savers and have an emergency fund.

Life can be unpredictable. It pays to have an emergency fund for when life happens.

Teach your kids this simple Life Saving Skill: save some money now to be one-step ahead when an emergency hits.

Your emergency savings can help you get life saving items like food, shelter, and water in an emergency. Saving Tips: https://www.ready.gov/financial-preparedness



EMERGENCY SAFETY KIT

Create an emergency safety kit that includes:

- Water and nonperishable foods that will last you and your family for a minimum of three days
- First aid supplies
- A means of communication, such as a satellite phone, etc.
- Clothes and personal hygiene items
- Flashlights and backup batteries
- Basic tools that could be helpful in an emergency repair situation
- Signaling device, such as an air horn, flare, etc.
- Prescriptions and other medications
- Extra set of car keys
- Cash
- Important documents
- Physical copy of your contact information list
- For more ideas, go to Ready.gov or Weather Underground

Once your safety kit is gathered, put it in a location that is ideally where you will seek cover from a storm or power outage. If this is not possible, then place it in a location that will be easy to grab and carry wherever you need to go. Determine the family member who will be responsible for the safety kit and have a backup person who needs to grab it in case your family is separated.

Check the supplies in your safety kit at least once a year to see if anything needs to be replaced.





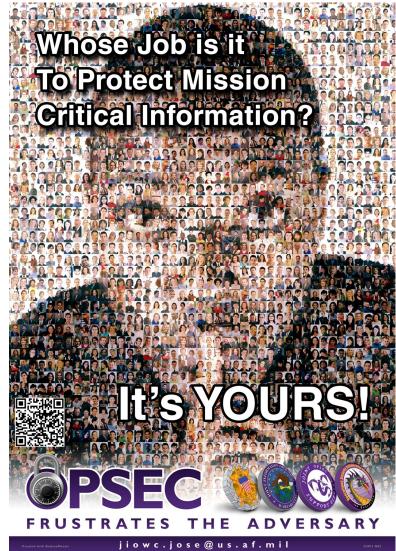




Remember that Power Outage's often occurs after natural disasters and could persist for many days.



- •Not just Facebook, but also Twitter, Instagram, Snapchat, YouTube, Blogs, Forums and more
- •Our enemies are always looking to piece together important information to see the "Big Picture"
- •Practice Operations
 Security (OPSEC), the
 responsibility doesn't just
 fall on Service Members,
 but Families too



ARKANSAS NATIONAL GUARD EMERGENCY MANAGEMENT

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Give the Gift of Preparedness

Preparing for disasters is important year round and it is a big task to complete.

Preparedness Focus: Disaster Kits

Don't give another ugly sweater or something else that will be returned. Show your loved ones you care by getting them started on their disaster supplies kit. You can pick up a basic kit and give them a list to help them add the personal things they may need like prescription medications and clothing. Make sure you remind everyone that in Arkansas we need to be 2 Weeks Ready!

Spending extra time with the kids during the holidays? Watch the FEMA Disaster Dodger series of videos on YouTube. These 5 videos are all seven minute or less and they feature kids talking to kids about preparing for disasters. It's a great way to have important conversations without getting too scary or technical.



