



Arkansas Emergency Management Bulletin

Important Emergency Management Numbers

EMERGENCY

FIRE-POLICE-AMBULANCE

RMTC: (501)-212-5280 Quick EXT (5280)

CMTC: (479)-484-2666 Quick EXT (2911)

**WHEN ON AN INSTALLATION SUCH AS CHAFFEE OR
ROBINSON**

**CONTACT THE POST EMERGENCY DISPATCH CENTER
FIRST AS 911 RESPONSE MAY BE DELAYED DUE TO
PHYSICAL SECURITY MEASURES.**

Inside this edition:

- * **Heating Safety Tips**
- * **Power Outage Safety**
- * **Natural Gas**
- * **Emergency Plan**
- * **Tornado Safety Kit**

Power outages in your area may mean traffic lights and other resources will not be working. You should consider how these circumstances will affect your Family and be prepared to manage without power for an extended period of time. Some emergencies commonly produce secondary effects. Learning about all hazards will prepare your for secondary hazards effects from events like power outage and flooding. Flooding is the most common natural disaster and can occur anywhere. Flooding can be localized in a particular neighbor hood or widespread, affecting entire cities or large portions of the state.

GET READY FOR COLD WEATHER

Average January temperatures across Arkansas.

Eastern Arkansas Average January temperatures				
High °F	Low °F	Place	High °C	Low °C
45	29	Blytheville	7	-2
56	34	Eudora	13	1
53	28	Helena	11	-2
46	26	Jonesboro	8	-4
48	31	Marianna	9	-1
48	30	West Memphis	9	-1
Southern Arkansas daily temperatures in January				
High °F	Low °F	Place	High °C	Low °C
55	33	El Dorado	13	1
54	32	Magnolia	12	0
53	34	Monticello	12	1
51	32	Pine Bluff	11	0
54	34	Texarkana	12	1
Central Arkansas January temperatures: daily averages				
High °F	Low °F	Place	High °C	Low °C
52	30	Benton	11	-1
50	30	Blue Mountain	10	-1
50	29	Fort Smith	10	-2
52	32	Hot Springs	11	0
50	28	Lake Ouachita	10	-2
51	31	Little Rock	10	0
50	28	Mena	10	-2
50	33	North Little Rock	10	0
49	27	Searcy	9	-3
Northern Arkansas January temperatures				
High °F	Low °F	Place	High °C	Low °C
46	24	Bentonville	8	-5
46	26	Eureka Springs	8	-3
46	26	Fayetteville	8	-3
47	27	Greers Ferry Lake	9	-3
47	26	Harrison	8	-3
46	26	Mountain Home	8	-4
48	26	Mountain View	9	-3

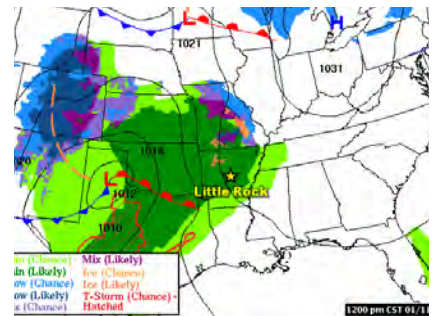
References

Currentresults.com

Weather and science facts

Looking back to 2019

National Weather Service [NWS Little Rock, AR -](https://www.weather.gov/lrk)



HEATING SAFETY TIPS

Heating Safety Tips

Space heaters cause 1/3 of home heating fires and 4/5 home heating fires deaths. Protect your family with tips from USFA <http://www.nfpa.org/public-education/by-topic/top-causes-of-fire/heating>

Heating is the 2nd leading cause of home fires after cooking. Get Winter Safety tips from USFA www.usfa.fema.gov/prevention/outreach/heating.html

Shivering, memory loss, and slurred speech signs of hypothermia. Learn the other signs here: www.cdc.gov/disasters/winter/index.html

Staying warm with a space heater? Make sure it has an auto shut-off in case it tips over. Check a family/friends today.

Winter fires can be deadly. When using your fireplace always keep a metal or heat tempered screen around it to stay safe.

Keep anything that can burn at least 3 feet away from a fireplace, wood stove, or space heater.

Watch this short video from to learn how to prevent portable heater fires in your home this: <http://www.youtube.com/watch?v=9AMQ1ASnmNU>

If you're running a portable generator, you need to have a working Carbon Monoxide alarm in your home.

Winter Safety Tip:

- NEVER use a generator, camp stove, charcoal grill, gas-line or propane heater indoors.
- **NEVER** heat a home by using the stovetop or oven.
- Keep generators outside at least 20 feet away from doors, windows, and vents to avoid accidental CO poisoning.
- Wear layered clothing and use blankets to stay warm during a Winter Storm.
- Heating equipment is a leading cause of home fire deaths in the U.S.



POWER OUTAGE SAFETY

Power Outage Safety

Winter Storms can cause power outages. Share these tips and prepare now: www.ready.gov/power-outages

Make a plan to check on neighbors if extreme cold or winter weather knocks out your power. Get the kids involved in preparing for power outages before winter weather.

Power Outage tip: Dim the brightness in your cell phone settings to save battery life.

Need to take shelter in extreme cold? Contact your local Office of Emergency Management to find a warming center near you: www.fema.gov/emergency-management-agencies

Create or update your emergency supplies with this list: www.ready.gov/kit

Have emergency supplies at home in case there is a power outage.

Learn what supplies you may need when a power outage happens at <https://www.ready.gov/kit>

Stock up on batteries for flashlights, radios, medical devices, and phones in case there is a power outage.

Always have extra batteries in your emergency kit: <https://www.ready.gov/kit>

Ask your doctor or health care provider about how you can prepare for a power outage if you have medical needs.

Make sure your loved ones who use medical equipment can keep using it if there is a power outage.

Have medication for at least three days in your emergency supplies.

If you have medical needs and rely on medical equipment, make a plan before a power outage or other emergency: <https://www.ready.gov/power-outages>

Keep water, non-perishable food and other supplies at home.

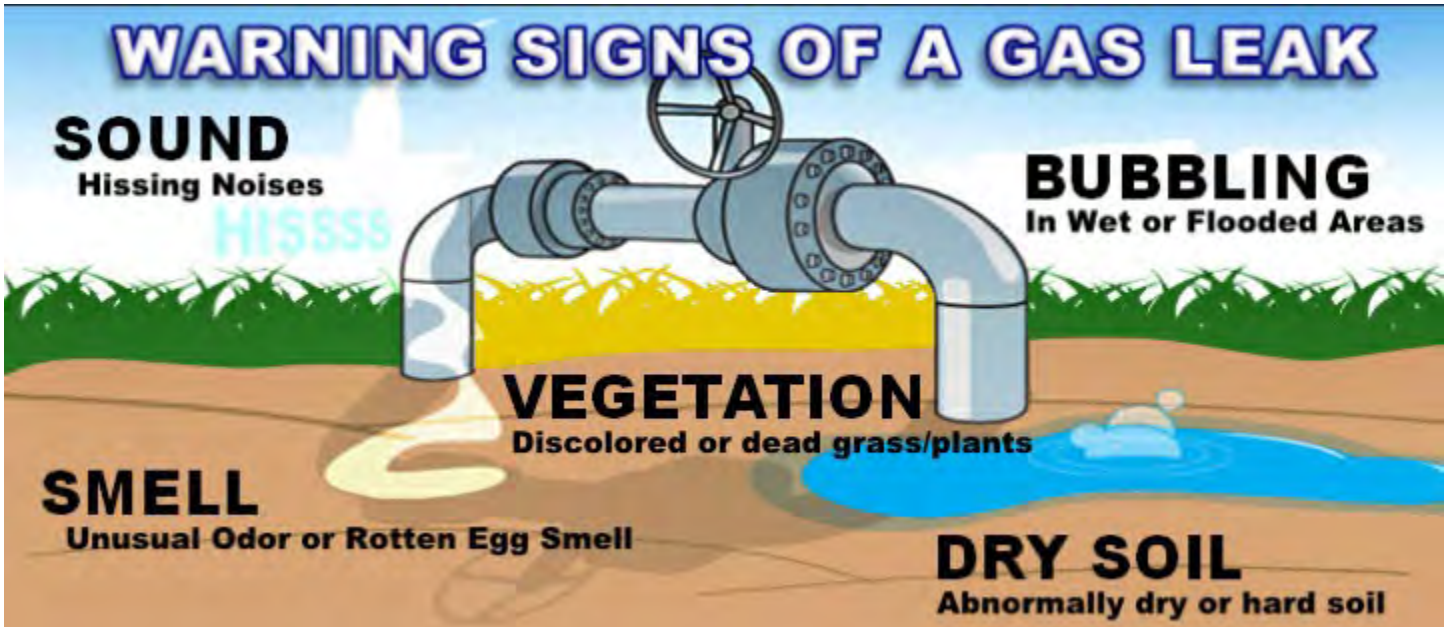
Check the expiration date on your emergency supplies, and replace any old items.



NATURAL GAS

Protect your family by putting natural gas detectors in your home.

Install natural gas detectors throughout your house.



If you live in an apartment, talk to your building manger or landlord about how to turn off the gas in an emergency.

Carbon monoxide is deadly, colorless, and odorless. Put natural gas detectors in your home to detect carbon monoxide.

If you ever smell natural gas, Get Out! Call 9-1-1 once you get to a safe distance from your house.

Know how to turn off the gas in your home in case you ever have a gas emergency.

Did You Know most natural gas detectors can detect propane and carbon monoxide?

Select a detector that can handle both.

Get a detector that can check for several types of gases including natural, propane, and carbon monoxide.

Save money and get a natural gas detector that can check for propane and carbon monoxide too.

Gas shut-off procedures vary by gas meter.

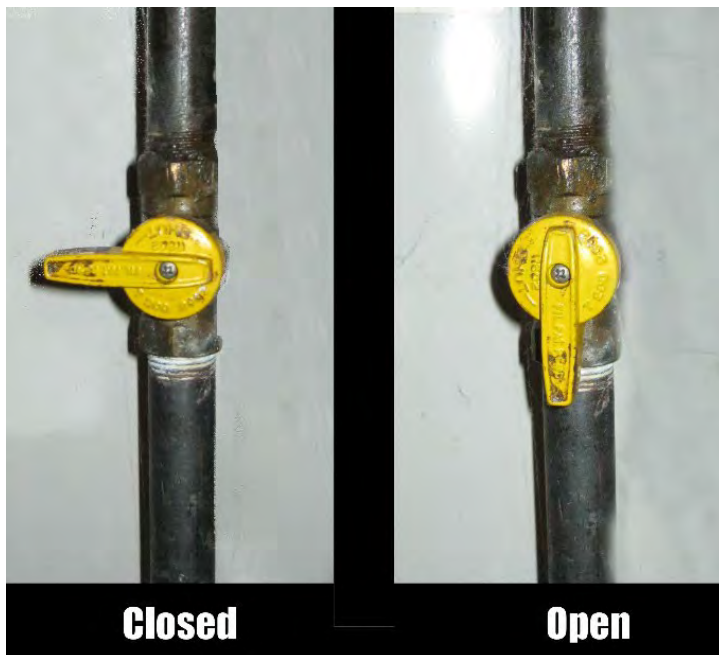
Learn your proper shut off procedure and tell

NATURAL GAS

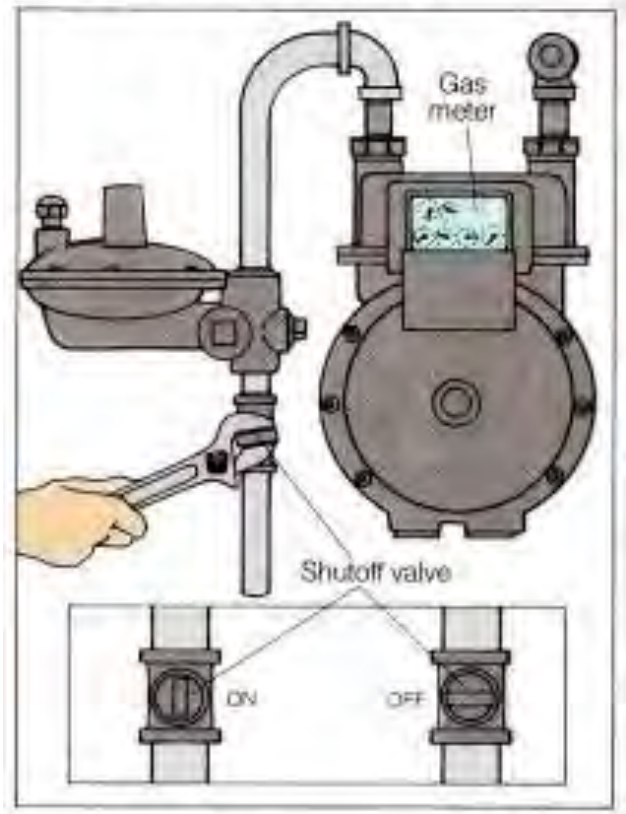
Gas shut-off procedures vary by gas meter.

Learn your proper shut off procedure and tell everyone in your household.

Practice the proper gas shut-off procedure for your unit, BUT do not actually turn off the gas when practicing. If you turn off the gas in an emergency, get a qualified professional to turn it back on.



GAS SHUTOFF VALVE



EMERGENCY PLAN

Emergency Plan

Know your alerts and warnings. Download the FEMA app to stay informed:

<https://www.fema.gov/mobile-app>

Have a plan before an emergency. Get prepared at

www.ready.gov/plan

Keep important documents in a safe place like a waterproof and fireproof safe or box.

Discuss with your family how you will communicate if there is an emergency.

Decide and practice your emergency plan with your family.

Know several evacuation routes before an emergency happens.

Houses, apartments, and high-rise buildings have different evacuation considerations. Make a plan for each: <https://www.ready.gov/plan-for-locations>

If you live in a mobile home, create an emergency plan that includes alternate shelter locations and practice getting there.

Ask your neighbor about their plans during an emergency. You may be able to work together.

Know where all the exit doors and stairs are on your apartment floor.

Put this info in your emergency plan.



EMERGENCY PLAN: FINANCIAL PREPAREDNESS

Financial Preparedness

Save for a rainy day, you never know when it may pour. Here's how:

<https://www.ready.gov/financial-preparedness>

Emergencies will happen, but your savings can be your fall back plan. Start saving today!



Create a budget that includes putting money into an emergency fund every month.

<https://www.ready.gov/financial-preparedness>

Pay yourself first! Before you spend, put a little bit of it in your savings account.

<https://www.ready.gov/financial-preparedness>

56% of adults can cover a \$400 emergency. Be part of the growing number who are savers and have an emergency fund.

Life can be unpredictable. It pays to have an emergency fund for when life happens.

Teach your kids this simple Life Saving Skill: save some money now to be one-step ahead when an emergency hits.

Your emergency savings can help you get life saving items like food, shelter, and water in an emergency. Saving Tips: <https://www.ready.gov/financial-preparedness>



SAFEGUARDING YOUR PERSONAL AND FINANCIAL RECORDS

STEP 1: Gather your personal and financial documents –Use the following checklist to hope you gather and organize your valuable documents.

STEP 2: Put copies of your documents in a waterproof, portable emergency supply kit.

* Personal Records

- ☐ Military ID Cards and Passports
- ☐ Insurance records (Medical cards and records, auto, life, group accident and home or rental insurance)
- ☐ Bank/credit union statements
- ☐ Birth certificates or adoption papers
- ☐ Marriage license and divorce decrees
- ☐ Social Security cards
- ☐ Citizenship papers
- ☐ Wills and Record of Beneficiaries
- ☐ Pet proof of ownership and vaccination records
- ☐ Vehicle Registration/ownership records
- ☐ Powers of attorney (personal/property)



* Financial Records

- ☐ Tax returns and property tax statements
- ☐ Bank/credit union statements
- ☐ Credit/debit card statements
- ☐ Investment and retirement account records
- ☐ All income records (including government benefits, child support and alimony)
- ☐ Morgan statement or lease
- ☐ Bills (electric, gas, water, phone, etc.)

STEP 3: Store all original documents, photographs and computer back-up disks in an off-site safety deposit box. Be sure to keep this key in a secure place.



TORNADO SAFETY KIT

Create an emergency safety kit that includes:

- Water and nonperishable foods that will last you and your family for a minimum of three days
- First aid supplies
- A means of communication, such as a satellite phone, etc.
- Clothes and personal hygiene items
- Flashlights and backup batteries
- Basic tools that could be helpful in an emergency repair situation
- Signaling device, such as an air horn, flare, etc.
- Prescriptions and other medications
- Extra set of car keys
- Cash
- Important documents
- Physical copy of your contact information list
- *For more ideas, go to Ready.gov or [Weather Underground](http://WeatherUnderground)*

Once your safety kit is gathered, put it in a location that is ideally where you will seek cover from a storm. If this is not possible, then place it in a location that will be easy to grab and carry wherever you need to go. Determine the family member who will be responsible for the safety kit and have a backup person who needs to grab it in case your family is separated.

Check the supplies in your safety kit at least once a year to see if anything needs to be replaced.



Remember that Power Outage's often occurs after natural disasters and could persist for many days.

- Not just Facebook, but also Twitter, Instagram, Snapchat, YouTube, Blogs, Forums and more

- Our enemies are always looking to piece together important information to see the “Big Picture”

- Practice Operations Security (OPSEC), the responsibility doesn’t just fall on Service Members, but Families too

- OPSEC violations are punishable under UCMJ



ARKANSAS NATIONAL GUARD EMERGENCY MANAGEMENT

Mr George Newell 501-212-5491
State Emergency Management Program Coordinator
george.w.newell.nfg@mail.mil

LTC Dwayne K. Page 501-212-5230
Camp Robinson Emergency Manager
Dwayne.k.page.mil@mail.mil

MSG Theodore Walker 479-484-2041
Fort Chaffee Emergency Manager
Theodore.a.walker4.mil@mail.mil



Arkansas DOMS

EM on GKO

EM on RCAS



Give the Gift of Preparedness

Preparing for disasters is important year round and it is a big task to complete.

Preparedness Focus: Disaster Kits

Don't give another ugly sweater or something else that will be returned. Show your loved ones you care by getting them started on their disaster supplies kit. You can pick up a basic kit and give them a list to help them add the personal things they may need like prescription medications and clothing. Make sure you remind everyone that in Arkansas we need to be 2 Weeks Ready!

Spending extra time with the kids during the holidays? Watch the FEMA Disaster Dodger series of videos on YouTube. These 5 videos are all seven minute or less and they feature kids talking to kids about preparing for disasters. It's a great way to have important conversations without getting too scary or technical.

